

What is NAMI Parents & Teachers as Allies?

NAMI Parents and Teachers as Allies is a free, two-hour mental health education in-service for school professionals to help them better understand the signs and symptoms of emotional and behavioral difficulties that may be early warning signs of mental illnesses in children and adolescents.

The in-service program follows a structured format covering issues frequently faced by school professionals, parents and other family caregivers to give them a better understanding of:

- The early warning signs of mental illness
- The lived experience of parents raising a child with a mental illness
- The challenges that children and adolescents face when emotional and behavioral disturbances are part of their school life



Participant Perspectives

“Awesome! All school staff should get training, including special education and counseling departments.”

“Our school requires a series of in-service programs and the NAMI Parents and Teachers as Allies hit a home run addressing the early warning signs of mental illnesses in kids, some of whom are here in our school.”

Contact us at 650-638-0800 to schedule this free program at your school!

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI {Affiliate Name} is an affiliate of NAMI {State}. NAMI {Affiliate Name} and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.